

AMENDMENT TO CLAIMS

1 1. (Amended) An exercise device comprising an elongated roller
2 formed of a compressible material, an outer surface, an axis, a curved top on
3 one side of the axis, [and] a curved bottom on the other side of the axis and a
4 length in the direction of the axis, the curvature of the curved top of the roller
5 being different than the curvature of the curved bottom of the roller, and the
6 length being substantially greater than the maximum distance between the top
7 of the roller and the bottom of the roller.

1 2. (Original) The exercise device of claim 1, wherein the curvature of
2 the top portion is circular and the curvature of the bottom portion is circular, the
3 radius of the curvature of the top portion being different from the radius of the
4 curvature of the bottom portion.

1 3. (Amended) An exercise device comprising an elongated roller
2 formed of a compressible material and having [an axis] first and second axes,
3 a length and a first sectional plane parallel to the first and second axes [axis],
4 the first sectional plane dividing the roller into a top and bottom, the top having
5 a top surface that is curved about the first axis, and the bottom having a bot-
6 tom surface that is curved about the second axis, the length being substan-
7 tially greater than the distance between the first and second axes, [being
8 curved on the outside of the roller and] the curvature of the top surface of the
9 roller being different than the curvature of the bottom surface of the roller.

1 4. (Amended) The exercise device of claim 3, wherein the [curvature
2 of] the top surface [portion is] has a circular cross-section and [the curvature]
3 of the bottom surface [portion is] has a circular cross-section, the radius of the
4 curvature of the top portion being different from the radius of the curvature of
5 the bottom portion.

1 5. (Amended) An exercise device comprising an elongated roller
2 formed of a compressible material and having [an] a longitudinal axis, [and] a
3 first sectional plane parallel to the axis, and a length in the direction of the axis,
4 the first sectional plane dividing the roller into a top and bottom, the top having
5 a top surface and the bottom having a bottom surface, and means on the out-
6 side of the roller for balancing the roller on at least the bottom surface and for
7 changing the balance of the roller depending of whether the top surface or the
8 bottom surface is facing upward, wherein the length being substantially greater
9 than the maximum distance between the top and bottom surfaces.

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1 6. (New) The exercise device of claim 2, wherein the length of both ra-
2 dii is substantially less than the length of the roller in the direction of the axis.

1 7. (New) The exercise device of claim 2, wherein the radius for the bot-
2 tom surface begins nearer the top surface than the beginning of the radius for
3 the top surface.

1 8. (New) The exercise device of claim 3, the roller being adapted to
2 rest normally only on the top or bottom surfaces.